

**Atlantic County Junior
Football League
&
Atlantic County Junior
Cheerleading League**

**HEALTH AND
SAFETY PLAN**

2021-2022

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PURPOSE OF THE ACJFL

It shall be the specific purpose of this league to inspire the youth of Atlantic County (and the neighboring cities and counties to the extent they are included in the Atlantic County Junior Football League (ACJFL) and those who will attend Atlantic County High Schools (and any neighboring county High Schools) to practice the ideals of good citizenship, good sportsmanship and scholarship, as well as physical fitness.

It shall be the general purpose of this league to teach football fundamentals, clean play and to better prepare the youth of Atlantic County who may choose to participate in high school football.

PURPOSE OF THE ACJCL

It shall be the general purpose of this the Atlantic County Junior Cheerleading League to inspire the youth of Atlantic County and surrounding areas of NJ who are sponsored by the Atlantic County Junior Football League (ACJFL), to practice the ideals of sportsmanship, fair play, and physical fitness. It shall be the specific purpose of this league to better prepare the youth for their participation in High School Cheerleading.

PREAMBLE

Organization Name, the State of New Jersey, *Local Municipality*, the Atlantic County Junior Football League (ACJFL), and the Atlantic County Junior Cheerleading League (ACJCL), are dedicated to protecting the health and safety of the participants, volunteer coaches, and other volunteer members during unprecedented times.

The purpose of this document is to inform our stakeholders of the *Organization's Name* Health and Safety Plan ("the Plan") developed to create a safer environment for all parties that participate in our program's activities. Many aspects of the Plan are based on the rules, regulations and guidelines set forth by public health authorities; federal, state and local governmental authorities; *Organization's Name* leadership; the Atlantic County Junior Football League; and the Atlantic County Junior Cheerleading League. Notably, no aspect of the Plan will be implemented if the offered program's activities conflicts with rules, orders, or regulations issued by any of the aforementioned entities/agencies.

The *Organization's Name* and the above aforementioned will not be able to eliminate the risk of Communicable Diseases including COVID-19 exposure and infection; however, the Plan outlines the ways in which the participant, coach, community and volunteer can cooperate to help reduce the risk. The opportunity for the participants and teams to participate and compete during the 2020-

2021 season will depend in large part on a shared responsibility by everyone involved to follow the guidelines and make sound decisions. First and foremost, as members of this organization, participants, coaches, other volunteers, and our community family, must abide by all expectations set forth in this Plan.

ACJFL PREPPARTION PLAN

It is recognized that the New Jersey Department of Health (NJDOH) has classified football as a High-Risk sport. At this time High Risk sports were allowed to begin no-contact practices on June 22, 2020 and it is anticipated that contact practices and competitions will be allowed beginning July 20, 2020. When contact is allowed by the NJDOH, any accompanying guidelines will be reviewed by the ACJFL and incorporated, as applicable, into this document.

The ACJFL has established this Plan as a requirement for all participating franchises. Each Franchise may develop their individual guidelines that incorporate these guidelines as required or desired by the Franchise host community, however, in any instance where a Franchise's guideline conflict with this Plan, this Plan shall govern.

ACJCL PREPPARTION PLAN

To Be Added if necessary

CHANGES TO THE PLAN

This Plan and all measures and procedures described in the Plan are subject to change at any time by the *Organization's Name*. The *Organization's Name* will continually monitor appropriate developments, government guidelines, ACJFL and ACJCL guidelines related to medical practices and activity regulations as it relates to Communicable Diseases including COVID-19. Notifications of Plan changes will be distributed to all stakeholders should changes be necessary.

CONCEPTS AND DEFINITIONS

Federal, State and Local: The Plan incorporates relevant guidance contained in the Center for Disease Control and Prevention (CDC) Guidance on Youth Sports, the State of New Jersey, the New Jersey Department of Health, the New Jersey State Interscholastic Athletic Association, the Atlantic County Department of Health, the National Federation of High School Sports, and Pop Warner Little Scholars.

ACJFL & ACJCL Guidance: The Plan incorporates relevant guidance contained in the joint Atlantic County Junior Football League (ACJFL) and Atlantic County Junior Cheerleading League Safety Plan.

PLAN DEFINITIONS

The ACJFL Officers of the League: Includes the President, Vice President, Treasurer, Corresponding Secretary, Recording Secretary, and Sergeant-at-Arms.

The ACJFL Board of Directors: The Board of Directors shall be composed of five men/women elected by the Body. Two alternate Board members will also be elected by the Body and will serve in the absence of regular Board Members. To be clear, the Elected Officers of the League can also serve on the Board of Directors if elected.

Commissioner/Official: Commissioner or officials designated to officiate the said game.

Franchise: Any organization in good standings that is recognized by the ACJFL as a participant for the current football season.

Coach: Includes the all-volunteer coaches (including junior coaches), and any other volunteer staff in any capacity deemed appropriate by the Officers of the League.

Participants: Any registered youth member registered with the franchise to participate in their football program, or other registered youth.

The ACJCL Officers of the League: Includes the President, Vice President, Treasurer, Corresponding Secretary, and Recording Secretary.

The ACJCL Coordinators: designee determined by an organization that is actively participating as a member of the Atlantic County Junior Cheerleading League To be clear, the Coordinator can also serve as a Coach.

Coach: Includes the all-volunteer coaches (including junior coaches), and any other volunteer staff in any capacity deemed appropriate by the Officers of the League.

Organization: Any city's team that is in good standings that is recognized by the ACJFL as a participant for the current cheerleading season.

Coach: Includes the all-volunteer coaches (including junior coaches), and any other volunteer staff in any capacity deemed appropriate by the Officers of the League.

Participants: Any registered youth member registered with the organization to participate in their cheerleading program, or other registered youth.

ACJFL & ACJCL Guidance: The Plan incorporates relevant guidance contained in the joint Atlantic County Junior Football League (ACJFL) and Atlantic County Junior Cheerleading League Safety Plan.

FRANCHISES RESPONSIBILITIES

All Franchises agree to adhere to the policies of the Center for Disease Control (CDC), the New Jersey Department of Health (NJDOH), the Atlantic County Department of Health, local guidelines and all applicable Executive Orders of the Governor of New Jersey.

Appoint a COVID-19 Contact, who is responsible for notifying the individual designated by the ACJFL to receive all COVID-19 notices. In the case of a known COVID-19 exposure/illness/positive test this individual shall, without identifying the affected individual, notify the ACJFL of the exposure. This individual shall also contact the Atlantic County Health Department to allow them to begin the process of contact tracing and other possible action/steps, and the player's Head Coach, if not already notified.

Provide a copy of their plan to the ACJFL at least four weeks prior to the start of competition.

Be responsible to have the ACJFL COVID-19 Disclosure, Acknowledgment and Waiver signed by all players, coaches, and other volunteers who attend practices, games or otherwise may come in contact with players and/or coaches.

Provide a copy of this Plan and their individual plan, if applicable, to a parent of each player, all coaches, and other volunteers who attend practices, games or otherwise may come in contact with players and/or coaches.

At games, the Home Team shall be responsible for adherence to gathering limitations outlined in the Executive Order in effect at the time of the competition, the behavior of their spectators, providing signs or other guidance for proper social distancing, and the appropriate sanitation of the facilities including restrooms, door handles and other hard surfaces that individuals touch repeatedly with cleaners and disinfectants recognized by the Environmental Protection Agency for use against COVID-19.

At games, the Visiting Team shall be responsible the behavior of their spectators and shall cooperate with the Home Team in complying with gathering limitations outlined in the Executive Order in effect at the time of the competition.

Concession stands shall meet the requirements for outdoor dining outlined in the Executive Order in effect at the time of the competition and NJDOH directives.

Advise sick individuals of home isolation criteria. Sick coaches or players shall not return until they have met CDC's criteria to discontinue home isolation.

Make sure that coaches, players, and families know that sick individuals shall not attend the youth sports activity, and that they shall notify the Franchise COVID-19 point of contact if they become sick with COVID-19 symptoms, test positive for COVID-19, or have been exposed to someone with COVID-19 symptoms or a confirmed or suspected case.

Immediately separate coaches and players with COVID-19 symptoms (i.e., fever, cough, shortness of breath) at any activity. Individuals who are sick shall go home or to a healthcare facility, depending on how severe their symptoms are, and follow CDC guidance for caring for oneself and others who are sick. Individuals who have had close contact with a person who has symptoms shall be separated and sent home as well, and follow CDC guidance for community-related exposure. If symptoms develop, individuals and families should follow CDC guidance for caring for oneself and others who are sick.

Establish procedures for safely transporting anyone who is sick to their home or to a healthcare facility. If calling an ambulance or bringing someone to the hospital, call first to alert them that the person may have COVID-19.

Close off areas used by a sick person and do not use these areas until after cleaning and disinfecting them. For outdoor areas, this includes surfaces or shared objects in the area, if applicable. Wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, wait as long as possible. Ensure safe and correct use and storage of cleaning and disinfection products, including storing them securely away from children

Screen players, coaches and others participating in practice sessions or games via a temperature check and health questionnaire immediately prior to each practice session and each game. Anyone showing symptoms of COVID-19 shall not be permitted to participate and shall be required to return home.

Note: No Franchise shall be fined for any forfeiture related to COVID-19 by any level at any time during the 2020 season.

COACHES RESPONSIBILITIES

All Commit to wearing a mask and social distancing in situations where it is recommended outside of football league activities.

Disclose any possible COVID-19 symptoms or possible exposures to someone with known or suspected COVID-19 so that they can sit out and prevent any possible spread of infection to their team and other coaches.

Lead by example by following social distancing guidelines, which include but are not limited to, staying six feet apart from players and others, wearing masks, and using verbal cues.

Encourage and enforce player guidelines. Follow player guidelines as applicable.

The practice field to be broken into specific areas for each practice with no more than ten players assigned to an area/group, and all players able to maintain a spacing of at least six feet apart. Once set up, groups will not be altered for the practice session, and there will be no mixing of groups.

Until player-to-player contact is allowed by the NJDOH and the ACJFL, there will be no huddles. After player-to-player contact is allowed by the NJDOH and the ACJFL, huddles will be discouraged and kept to a minimum, or will otherwise adhere to NJDOH guidelines.

After player-to-player contact is allowed by the NJDOH, continue to utilize training and skill development drills that eliminate or limit player-to-player contact. Keep all players six feet apart while conducting such drills. For drills that involve player-to-player contact, keep all players who are not involved in the contact six feet apart.

Sanitize or ensure that all equipment and touchpoints such as footballs, bags, agility cones, ladders, etc. are cleaned and disinfected after each practice with cleaners and disinfectants recognized by the Environmental Protection Agency for use against COVID-19.

PARTICIPANTS RESPONSIBILITIES

Commit to wearing a mask and social distancing in situations where it is recommended outside of football league activities.

Disclose any possible COVID-19 symptoms or possible exposures to someone with known or suspected COVID-19 to their parents and coaches so that they can sit out and prevent any possible spread of infection to their teammates and coaches.

Arrive no sooner than fifteen minutes before practice and shall wear masks and stay socially distanced until the start of practice.

Come dressed for practice and keep their belongings and gear separated from their teammate's.

Immediately leave the practice facility following practice.

Bring their own, well-marked water bottles and shall not share any food or drink with others.

Not share equipment that comes in close contact with their body such as gloves, helmets, towels, etc.

Wash hands before practice and avoid touching eyes, nose and mouth. Sanitize hands before and after inserting mouthpiece.

Take shower and wash clothing after practice. Sanitize personal gear.

Refrain from shaking hands, high-fives, and other forms of celebratory contact.

Wear masks and socially distance, as required or directed by coaches during practice and on sidelines during games, etc.

PARENTS/SPECTATORS RESPONSIBILITIES

Commit to wearing a mask and social distancing in situations where it is recommended outside of football league activities.

Conduct daily COVID-19 symptom self-evaluation assessments and assessments of all children in the football program.

Disclose any possible COVID-19 symptoms or possible exposures to someone with known or suspected COVID-19 so that your child or children can sit out and prevent any possible spread of infection to your child's or children's team and coaches.

Remain in car or minimum of twenty feet from the perimeter of the field for all practices. Refrain from entering the player areas on the field.

Adhere to social distancing guidelines, which include but are not limited to, staying six feet apart from players and others not in the same family and wearing masks for all football-related activities.

Cooperate with the Host Team's efforts at all events in complying with gathering limitations outlined in the Executive Order in effect at the time of the event.

HEALTH AND SAFETY PLAN ELEMENTS

Elements of the Health and Safety Plan: With the guidance from, federal, state county, and local authorities, this Health and Safety Plan includes the following elements of planning for operational standards.

1. Health and Safety Education
2. Communication
3. Coordination with Local Health Officials
4. General Considerations
5. Plan of Action
6. Practice and Workouts
7. Competition/Games
8. Personal Hygiene
9. Social Distancing/Gatherings
10. Facility Hygiene

HEALTH AND SAFETY EDUCATION

All ACJFL, ACJCL, **Organization's Name** coaching staff, volunteers, and participants shall receive education regarding Communicable Diseases including COVID-19. Information will include signs and symptoms, strategies to reduce transmission, and steps to take if symptoms arise. Education will be provided as needed. Education will be provided to the above aforementioned prior to engaging in voluntary or countable activities permitted by the ACJFL and ACJCL. All coaching staff, volunteers, and participants shall sign a Communicable Disease Expectations and Pledge following the completion of their initial education (Appendix 1). In addition, all coaching staff, volunteers, and participants Parent/Guardian must accurately complete the COVID-19 questionnaire prior to the start of any ACJFL/ACJFL permitted activities (Appendix 2).

COMMUNICATION

The ACJFL and ACJCL Health and Safety Plan will be provided to every participating Executive Member of ACJFL and ACJCL, Franchise, coaching staff, volunteers, and participants Parent/Guardian. In accordance with the perspective laws, the ACJFL, ACJCL and or Franchise or Organization will not publicly release information regarding symptoms or test results of any Executive Member of ACJFL and ACJCL, Franchise, coaching staff, volunteers, or participants, but limited disclosure may be necessary for contact tracing and infectious disease reporting in accordance with state and local public health regulations.

COORDINATION WITH LOCAL HEALTH OFFICIALS

The ACJFL, ACJCL, and **Organization's Name** will confer with the local Department of Health personnel, and all state and local guidelines related to contact tracing, and surveillance. The ACJFL, ACJCL, and **Organization's Name** will report any confirmed cases to the appropriate authorities. The affected individual will be directed to communicate directly with the local Department of Health personnel. All individuals who potential may have come in contact with an affected individual will be notified only that they may have had exposure and will be further advised to take the necessary precautions, to determine the exposure and prevent its spread. Under no circumstances will the potentially affect individual be given any personal information on the affected individual.

GENERAL CONSIDERATIONS

- Cases of Communicable Diseases including COVID-19 during sporting practices, meetings, and or events cannot be fully prevented, we can only minimize the risk.
- Events are scheduled to occur consecutive to each other. As, a result, everyone should arrive and leave at the scheduled time to avoid an overlap an reduce the number of participants and attendees at the event at the same time.
- All participants should clean individual equipment (personal and organization issued) and clothing after every use. Coaches should clean all team/shared equipment after every use.
- A pre-workout and pregame screening must be conducted prior to the start of every practice, team meeting, and or sporting event including games.
- Any participants, coaches/organizational volunteer, parent/guardian, and or spectator who believes they may be sick should remain at home.
- Participants and coaches must sanitize their hands before the start of every practice, team meeting, and or sporting event including games and breaks as needed throughout practice, team meeting, and or sporting event including games, and breaks as needed.
- Each and every Coach and Participant must have their own personal water bottle and a face covering to participate in any sporting activity and or meeting. No coolers, shared water bottles or hydration stations should be utilized at this time. Water fountains will not be available.

SCREENING PROCEDURES

- The screening questionnaire shall be conduction upon arrival to the workout or meeting. A coach, volunteer, and or participant shall not be permitted to remain at any workout, meeting, game and or event if they refuse to complete the screening process.
- It is recommended that participants or minor coaches and or volunteers complete the screening in consultation with a parent or guardian.

- Screening Survey Questions:
 - In the past 72 hours, have you experienced signs or symptoms of respiratory illness including fever of 100.4° or greater, cough, sore throat, or shortness of breath?
 - In the past 14 days, have you had close contact with or cared for (i.e within 6 feet for more than 10 minutes) anyone who has tested positive for a communicable disease including COVID-19, is in the process of being tested for a communicable disease including COVID-19, or is experiencing acute symptoms of a communicable disease including COVID-19?
- If 'yes' to any of these questions or you are concerned that you may be ill please remain home.
 - Participant or minor volunteer: The coach, adult volunteer and or designee shall contact the parent of the participant to arrange for the participant to be picked up immediately.
 - Coach, or adult volunteer: The coach, adult volunteer must leave the premises immediately.
- At minimum coach, volunteer, and or participant shall withhold for participation in any capacity for 72 hours. Additionally, the coach, volunteer, and or participant will need to be cleared medically to return back to function.

PLAN OF ACTION

In the case that a participant has a probable or confirmed case of a communicable disease including COVID-19, the Organization's Name will implement the following protocols:

- Secure and decontaminate area(s) by:
 - Closing off the area visited by the person who is a probable or confirmed case of a communicable disease including COVID-19.
 - Opening outside doors and windows and using ventilation fans to circulate air in the area.
 - Waiting at least 24 hours, or as long as practical, before cleaning and disinfecting the affected area.
 - Cleaning and disinfecting all shared areas including but not limited to bathrooms, locker room concession stands, shared equipment used by the affected person.
- Identify others who were in close contact with the affected person within (6 feet for 10 minutes or more) with a person with a probable or confirmed case of a communicable disease including COVID-19 from the period of 72 hours before symptoms onset to the time at which the affected person was isolated.
- If any person who was in close contact remains asymptomatic, that person should adhere to the practices set out by CDC, the state and local Departments of Health.
- If a coach, volunteer, and or participant becomes sick during a workout, meeting game or event, the person should so home immediately. Information on others who

had contact with the affected person during the time the person had symptoms and 48 hours prior to the on-set of the symptoms should be complied.

- In compliance with health guideline the individual(s) in close contact to a potential case will be notified.
- Inform others that if they have symptoms (i.e. fever cough, or shortness of breath), they should stay home.
- The affected individual(s) shall be advised that they, may not return until cleared by a primary care provider or other appropriate health-care professional and have met the criteria to discontinue home isolation and return to sports activities.

PRACTICE AND WORKOUTS

Coaches/Volunteers or Designee

- Any coach who believes he/she may be sick should remain home.
- Pre-workout screenings shall be conducted.
- Workout activities shall be created to avoid intermingling of groups.
- Coaches will design activities to resume in a gradual fashion to avoid overuse injuries and heat illnesses.
- Activities that increase the risk of exposure to saliva will not be permitted including but not limited to chewing gum, spitting, licking fingers and eating sunflower seeds.
- Design activities that allow for risk mitigation strategies (social distancing, hand hygiene, etc.).
- Seek guidance on best hygiene and social distancing practices for coaching staff and participants.
- Coaches should work on a communication plan in the event a workout session, meeting, or sporting event needs to be cancelled on short notice due to a member of the coaching staff being ill.
 - Consider that all participants may not have been training and may not be at the same fitness level. Activities may need to be adjusted accordingly.
 - Coaches should work with the Executive Boards of their respective organization, the ACJFL, the ACJCL and any other related agency for guidance recommendations.
- Break time may need to be increased and or staggered to accommodate social distancing, hand washing, and avoiding shared hydration sources.
- Coaches must stay until all members of their team leave your site or facility.
- A designated coach must complete the daily attendance sheet and checklist for every coach, volunteer, and participant.

Participant

- Any participant who believes they may be sick should remain at home.

- Upon arrival to the facility, participants will proceed directly to their designated area as determined by the Organization.
- Participants should arrive prepared for the daily events and ready to start. They should avoid congregating before the workout, practice, meeting or sporting event.
- Pre-workout screenings shall be conducted.
- Communicate all health and fitness-related concerns with coaches or designee immediately.
- Activities that increase the risk of exposure to saliva will not be permitted including but not limited to chewing gum, spitting, licking fingers and eating sunflower seeds.
- Participants should leave immediately following the workout, practice, meeting or sporting event.

COMPETITION/GAMES

Coaches/Volunteers or Designee

- Any coach who believes he/she may be sick should remain home.
- Pre screenings shall be conducted.
- Seek guidance on best hygiene and social distancing practices for coaching staff and participants.
- Coaches should work on a communication plan in the event a workout session, meeting, or sporting event needs to be cancelled on short notice due to a member of the coaching staff being ill.
 - Coaches should work with the Executive Boards of their respective organization, the ACJFL, the ACJCL and any other related agency for guidance recommendations.
- A designated coach must complete the daily attendance sheet and checklist for every coach, volunteer, and participant.
- 4 sanitized game balls shall be available at every game to be changed each quarter (responsibility of home team).

Participant

To limit the spread of communicable diseases the following guidelines have been set for all Competitions, games and events:

- Any participant who believes they may be sick should remain at home.
- Upon arrival to the facility, participants will proceed directly to their designated area as determined by the Organization.
- Participants should arrive prepared for the daily events and ready to start. They should avoid congregating before the workout, practice, meeting or sporting event.
- Pre screenings shall be conducted.
- Communicate all health and fitness-related concerns with coaches or designee immediately.

- Participants should leave immediately following the workout, practice, meeting or sporting event.

PERSONAL HYGIENE

All coaches, volunteers, and participants shall follow CDC and other guidance regarding personal hygiene, which includes the following:

Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
Avoid touching your eyes, nose, and mouth.

Avoid close contact with people who are sick, even inside your home. If possible, maintain 6 feet between the person who is sick and other household members. Ensure appropriate **social distance** between yourself and other people outside of your home. Remember that some people without symptoms may be able to spread viruses. Stay at least 6 feet from other people. Stay out of crowded places and avoid mass gatherings. Remember that student-athletes have unique considerations due to the contact inherent in most sports, and that behavior appropriate for others may not be appropriate for student-athletes. Keeping distance from others is especially important for people who are at higher risk of getting sick.

Cover your mouth and nose with a cloth face cover when around others, including when you go out in public. Note that you should always engage in appropriate social distancing when possible; the face covering is not a substitute for social distance. You could spread COVID-19 to others even if you do not feel sick. The cloth face cover is meant to protect other people in case you are infected.

Cover coughs and sneezes. If you are in a private setting and do not have on your cloth face covering, remember to always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Throw used tissues in the trash. Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Monitor your health, and be alert for symptoms. Watch for fever, cough, shortness of breath, or other symptoms of COVID-19. Take your temperature if symptoms develop. Don't take your temperature within 30 minutes of exercising or after taking medications that could lower your temperature, like acetaminophen. Report symptoms to SJU medical staff immediately.

SOCIAL DISTANCING AND GATHERINGS

According to the CDC, social distancing means keeping space between yourself and other people outside of your home. To practice social distancing:

- Stay at least 6 feet (about 2 arms' length) from other people.
- Do not gather in groups.
- Stay out of crowded places and avoid mass gatherings
- Coaches will develop social distancing practices athletically-related activity, where possible.
- While social distancing is not possible during practice games and competition Organizations will establish guidelines for auxiliary common spaces, such as sports medicine space, locker rooms, weight rooms, and team meeting rooms.
- With respect to competition, all Organization are recommended to follow the limited facility requirements permitted by law.
- Occupancy counts for competition purposes includes student-athletes, coaches, staff, officials, spectators, and any other individuals present on-site during the competition.
- It is recommended that there will be no tailgates or other social gatherings allowed on at sporting events.

FACILITY HYGIENE

All Organizations are advised to take precautions in all indoor facilities, including those used for training, practice and competition that align with CDC guideline.

- Surfaces will be wiped down with EPA approved disinfectant as suggested by CDC.
- Upon arrival to the facility, participants will proceed directly to their designated area as determined by the Organization.
- Outdoor facilities shall be used to the extent possible. Where outdoor usage is not possible indoor area shall be ventilated with outdoor fresh air (i.e. open windows and doors with cross ventilation where possible).
- Shared areas such as restroom, locker rooms and meeting rooms shall be cleaned frequently.
- Shared equipment shall be wiped and disinfected after each use, prior to being stored.
- It is recommended that building signage is posted that reminds of best practices including social distancing.
- It is recommended that ground/floor social distancing markers will be placed throughout facility.
- It is recommended that traffic flow marker be placed throughout the facility.
- It is recommended that plexiglass barriers be used where possible.

Please read the ACJFL and the ACJCL Health and Safety Plan, review the Health and Safety Plan with your child and discuss the expected Health and Safety Precautions.

My signature above indicates my understanding of the risk associated with communicable diseases. I further understand that communicable diseases are highly contagious virus' and it is possible, even when *Organization's Name* practices all the appropriate safety precautions, and my child (participant) practice all safety precautions, that my child still could be exposed to and infected by a communicable disease including the COVID-19 virus, and, if exposed or infected, my child may expose and infect others with a communicable disease including the COVID-19 virus.

By signing below, I acknowledge that I have read, reviewed with my child (participant), understand, and agree to follow the expectations detailed in this document.

PARENT'S SIGNATURE

Date Signed

PARTICIPANT'S SIGNATURE

Team Level

Date Signed